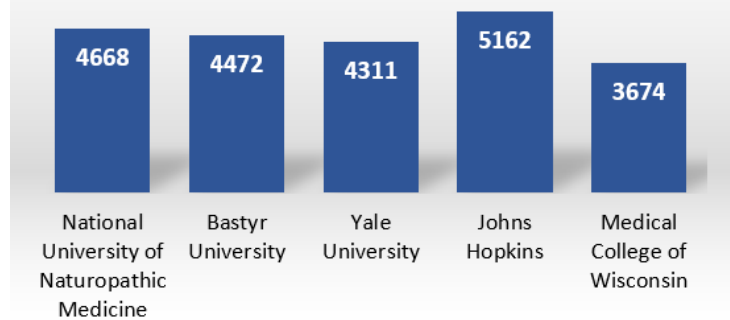


Naturopathic Medicine

ND vs. MD Education and Training

NDs and MDs share the same educational foundation. Naturopathic medical students focus on the prevention and treatment of disease in an outpatient setting, using methods and substances that support the body's innate healing ability. Conventional medical students primarily focus on the treatment of disease using higher force interventions, including pharmaceuticals and surgery, in settings such as a hospital.

Total Hours of Training (ND vs MD)*



Typical Classes for NDs and MDs

Years 1-2

- Anatomy
- Biochemistry
- Histology
- Embryology
- Immunology
- Microbiology
- Neuroscience
- Pathology
- Pharmacology
- Philosophy
- Physical Exam Skills
- Physiology

Years 3-4

- Cardiology
- Dermatology
- EENT
- Gastroenterology
- Gerontology
- Gynecology
- Minor Surgery
- Neurology
- Obstetrics*
- Oncology
- Pediatrics
- Radiology
- Respiratory
- Rheumatology
- Surgery*
- Urology

ND students take additional courses in **botanical medicine, counseling, homeopathy, hydrotherapy, naturopathic physical medicine and nutrition.**

ND students focus on learning and applying modalities which support the body's innate healing ability to **prevent and treat** various medical conditions. (* = MDs only)

4 Years



The length of the graduate-level naturopathic medical program

1,200 Hours



The minimum amount of clinical training ND students receive

150 Hours



The average amount of training ND students receive in nutrition**

*Sources: MD program information: LCME Annual Medical School Questionnaire Part II; 130 schools provided data for 2013-14; no data shown for 2014-15 or 2015-16; AANMC Member Survey 2017; <http://admissions.nunm.edu/files/2013/10/2016-17-ND-Curriculum.pdf>; <http://www.bridgeport.edu/academics/graduate/naturopathic-medicine-nd/curriculum-and-program-requirements/>; <http://www.scnm.edu/media/3591/4-year-pos-correct.pdf>.

** Source: AANMC Member Survey, 2017

